

# THERAPY DAY

## Top 10 List:

Reasons You Cannot Miss this Conference



Working Toward an Independent Future

10. Take a walk in the Spiral Garden
9. Leave your children with experienced chaperones to play all morning
8. Feel your way around in the snoezelen environments and be dazzled
7. Learn about programs in the community and free benefits for PWS families
6. Visit the world class snoezelen pool
5. Explore a special music studio and experience music therapy
4. Meet PWS families from across Canada
3. Learn about Brain Gym and how it can help your family
2. Watch your child try out new activities including pilates and biking, with physiotherapist Laura Hunter
1. Learn about effective therapy and techniques including Music Therapy and other programs offered by Bloorview Kids Rehab

**The face of PWS is changing By getting involved today, you can change your child's future and improve the quality of your child's life.**

Choose to Believe in Our Children's Future

# THERAPY DAY

## Conference Agenda

Located at the Bloorview Kids Rehab  
Saturday, May 15, 2010

Starts at 9:00	<b>Conference Registration</b> Children's Program Registration
10:00 – 10:15	<b>Pat Crne (Ontario, Canada)</b> <i>Co-founder of FPWR Canada</i> <i>Conference Chair</i> Welcome / Introduction
10:15 – 11:15	<b>KEYNOTE SPEAKER</b> <b>Jill Hewlett (Brainworks Global Inc.)</b> <i>Licensed Brain Gym Instructor and Consultant</i>
11:15 – 12:15	<b>Theresa Schettini (Bloorview Kids Rehab)</b> <i>Music Therapist</i> Presentation on music therapy, art therapy and Spiral Garden
12:15 – 1:15	<b>Lunch</b>
1:15 – 2:00	<b>Teresa Schettini (Bloorview Kids Rehab)</b> <i>Music Therapist</i> This session will be time to explore the musical instruments and learn about adaptive technology. The second part of the session will be structured by improvising a song or something else that would give a sense of group playing.
2:00 – 2:45	<b>Teresa Schettini (Bloorview Kids Rehab)</b>  <b>Alternative Activity:</b> Snoezelen Pool Session or Snoezelen Room Session
2:45 – 3:00	<b>Snack</b>
3:00 – 4:00	<b>Laura Hunter (Gym Skills Program)</b> <b>Physiotherapist</b>



# THERAPY DAY

## Conference Agenda – Children’s Program

Located at the Bloorview Kids Rehab

Saturday, May 15, 2010

Starts at 9:00	<b>Conference Registration</b> Children’s Program Registration
10:00 – 10:10	<b>Orientation</b> <ul style="list-style-type: none"><li>• Meet your chaperone and group</li></ul>
10:10 – 12:00	<b>Group Play</b> <ul style="list-style-type: none"><li>• Structured Activities including Lego, face painting, visit the Spiral Garden, playground, exercise arts and craft or snoezelen room visit</li></ul>
12:00 – 12:00	<b>Theresa Schettini (Bloorview Kids Rehab)</b> <i>Music Therapist</i> Presentation on music therapy, art therapy and Spiral Garden
12:15 – 1:15	<b>Lunch with Family</b> <ul style="list-style-type: none"><li>• Limited children’s activities will be available during lunch</li></ul>
1:15 – 2:00	<b>Music Therapy</b>
2:00 – 2:45	<b>Music Therapy</b> or Alternative Activity: Snoezelen Pool Session or Snoezelen Room Session
2:45 – 3:00	<b>Snack</b>
3:00 – 4:00	<b>Laura Hunter (Gym Skills Program)</b> <b>Physiotherapist</b>



# THERAPY DAY

## Menu Choices

Located at the Bloorview Kids Rehab  
Saturday, May 15, 2010

Choice	Descriptions
A	<b>Roast Turkey Club Sandwich</b> Roast Turkey, Crisp Bacon, Cheddar Cheese, Tomato, Green Leaf Lettuce, Dijon Mayonnaise on a Ciabatta Roll
B	<b>Smoked Ham &amp; Swiss Croissant</b> Shaved Smoke Ham, Swiss Cheese, Fresh Spinach, Honey Mustard on a Sliced Croissant
C	<b>Grilled Chicken Caesar Wrap</b> Grilled Chicken Breast, Crisp Romaine, Parmesan Cheese, Baked Crouton wrapped in Spinach Tortilla with Low Fat Caesar Dressing
D	<b>Roast Beef &amp; Cheddar Baguette</b> Shaved Roast Beef, Cheddar Cheese, Red Onion, Green Leaf Lettuce, Horseradish Mayonnaise on a French Baguette
E	<b>Tabouleh Hummus Wrap</b> Fat-free Hummus together with Tabouleh Salad on Baby Greens, topped with Roasted Red Peppers, Red Onion and Cucumber Yogurt Sauce on Whole Wheat Pita
F	<b>Chimichuri Flank Steak Sandwich</b> Tender Marinated Flank Steak with Roasted Onions and Red Peppers, and Baby Greens, topped with an Argentinean style Chimichuri sauce on French baguette
All	<b>All lunches include veggies, fruit (apple or orange) and a granola bar</b>



# MEDICAL RESEARCH DAY

## Top 10 List:

Reasons You Cannot Miss this Conference



Working Toward an Independent Future

10. Leave your children with experienced chaperones to play all day
9. Meet families from across Canada and share tips
8. Have your important questions answered by a panel of PWS experts
7. Learn how research can help your child now and in the future
6. Learn about the latest PWS research including the N1H1 Conference
5. Watch and learn about Healthy Eating and Healthy Cooking from Rose Reisman
4. Learn about the PWS Best Practices project and how you will benefit
3. Be energized by research information that will change the future of PWS
2. Find out about skin picking and what new research has found
1. Learn more about GH Research from a Canadian Endocrinologist

**The face of PWS is changing. By getting involved today, you can change your child's future and improve the quality of your child's life.**

Choose to Believe in Our Children's Future

# MEDICAL RESEARCH DAY

## Conference Agenda

Located at the Ontario Science Centre  
Sunday, May 16, 2010

Starts at 9:00	<b>Conference Registration</b> Children's Program Registration
10:00 – 10:15	<b>Tanya Johnson</b> (Ontario, Canada) <i>Co-founder of FPWR Canada</i> <i>Walkathon Chair</i> <i>Master of Ceremonies</i>
10:15 – 11:30	<b>KEYNOTE SPEAKER</b> <b>Dr. Andrea Haqq, M.D., M.H.S.</b> (Alberta, Canada) Associate Professor of Pediatrics, University of Alberta Pediatric Endocrinology
11:30 – 12:30	<b>Dr. Eric Storch</b> (Florida, USA) Associate Professor Clinical Psychology in Pediatrics and Psychiatry at the University of South Florida
12:30 – 1:45	<b>Lunch n' Learn with Rose Reisman</b> Healthy Eating and Healthy Cooking Demonstration Lunch Catered by Rose Reisman Catering Book Signing
1:45 – 2:30	<b>Panel of Experts</b> PWS Experts including Dr. Haqq, Dr. Storch and Dr. Berall
2:30 – 3:00	<b>Dr. Ali Behforouz</b> (Ontario, Canada) <i>Professor, Department of Medical Genetics, PWS Researcher</i> Dr. Behforouz will discuss his literature research and preparation of Best Practices for PWS Patients with Dr. Berall, Chief of Pediatrics at North York General Hospital.
3:00 – 4:00	<b>Keegan Johnson</b> (Ontario, Canada) <b>A Message of Hope:</b> Breakthroughs in Research and How We Can Work Together to Ensure a Bright Future for Our Children
4:00 – 4:30	<b>Children's Concert with Nancy Kopman from Music with Nancy</b>



# MEDICAL RESEARCH DAY

## Conference Agenda – Children’s Program

Located at the Ontario Science Centre

Sunday, May 16, 2010

Starts at 9:00	<b>Conference Registration</b> Children’s Program Registration
10:00 – 10:30	<b>Orientation</b> <ul style="list-style-type: none"><li>• Meet your chaperone and group</li><li>• Most Chaperones have experience working with Special Needs clients</li><li>• Face Painting and Arts and Crafts</li></ul>
10:30 – 12:00	<b>Visit Science Centre Exhibits</b> <ul style="list-style-type: none"><li>• Children will go to Kidspark or location of interest</li><li>• Chaperones will remain with assigned children at all times</li></ul>
12:00 – 1:00	<b>Lunch with Chaperone in Galileo Bistro</b> <ul style="list-style-type: none"><li>• Limited children’s activities will be available during lunch</li></ul>
1:00 – 3:00	<b>Visit Science Centre</b>
3:00 – 3:15	<b>Snack in Galileo Bistro</b>
3:15 – 4:00	<b>Arts and Crafts</b>
4:00 – 4:30	<b>Children’s Concert with Nancy Kopman from Music with Nancy</b>



# MEDICAL RESEARCH DAY

## Menu Choices

Located at the Ontario Science Centre  
Sunday, May 16, 2010

Choice	Descriptions
1	<b>Chopped Egg</b> Tossed with sweet onion in a lightly herbed mayonnaise
2	<b>Tuna Salad Sandwich</b> Flaked white tuna with light mayonnaise, black olives and fresh dill
3	<b>The Veggie Club</b> Sliced cucumber, ripe avocado, Monterey Jack cheese, baby water cress and smoked tomato salsa
4	<b>Vine Ripened Tomato and Havarti</b> Served with English cucumber, avocado and light Dijon mayonnaise
5	<b>Roast Beef &amp; Brie</b> Slow roasted sirloin beef, horseradish mayonnaise, baby watercress and silvers of brie
6	<b>Pesto Grilled Chicken and Brie</b> Chicken breast, roasted red peppers and brie with sundried tomato pesto
7	<b>Gustafson's Smoked Salmon</b> Norwegian smoked salmon with light cream cheese, capers and red onions
8	<b>Cold Chicken Fajita Wrap</b> With black bean spread, light sour cream, avocado and cheddar
<b>Dessert</b>	<b>Dessert square or seasonal fruit</b>
C1	<b>Cream cheese and cucumber sandwich on whole wheat bread</b>
C2	<b>Egg salad sandwich on whole wheat bread</b>
C3	<b>Plain tuna salad on whole wheat bread</b>
C1 – C3	<b>Carrot and celery sticks and seasonal fruit</b>



# Event Locations and Hours

## National Conference – Therapy Day – Sat. May 15

Located at:

**Bloorview Kids Rehab**  
The Grocery Foundation  
Conference Centre  
150 Kilgour Road  
Toronto, Ontario, Canada  
M4G 1R8

**Time:**

Registration starts at 9:00 am  
Conference starts at 10:00 am

**Parking:**

Free street parking on  
Glenvale Blvd., near Rumsey  
Rd. Limited street Pay  
Parking on Kilgour Rd. and  
Pay Parking on Bloorview  
Property



- Vehicular access to the building is along Kilgour Road off of Bayview Avenue.
- There is NO vehicular access off of Rumsey Road - ONLY pedestrian.
- Limited metered parking is available.
- Pedestrian access is available from Rumsey Road and from Bayview Avenue.
- TTC buses stop on Eglinton at both Bayview Avenue and Rumsey Road.

## National Conference – Research Day - Sun. May 16

Located at:

**Ontario Science Centre**  
The TELUS Conference Room  
770 Don Mills Road  
Toronto, Ontario  
M3C 1T3

**Time:**

Registration starts at 9:00 am  
Conference starts at 10:00 am

**Parking:**

Free Parking in Science  
Centre Lot – mention the  
FPWRC event



# Event Locations and Hours

## One Small Step Gala – May 14

Located at:  
**Terrace Banquet Centre**  
1680 Creditstone Road  
Vaughan, Ontario  
L4K 5T4

**Time:**  
Cocktails at 6:30 pm  
Dinner at 7:00 pm

